



2010 Green Mountain ShootOut

Coach Certification of Player Age Guideline Compliance

The GMSO is continually working to ensure safe and fair competition. We operate under the practice of 'trust but verify'. Each head coach of each team must certify his/her players meet these guidelines.

Our divisions of competition are; Under 15 / 7th and 8th grade, Under 13 / 5th and 6th grade, and Under 11 / 3rd and 4th grade

U15 / 7th and 8th grade; Youth players will be age 15 years and under, in grade 8 or below and further qualify as follows in order to participate in the GMSO youth lacrosse activities:

- (a) player has not attained 15 years of age as of December 31st in the year preceding the GMSO event; and
- (b) the player has not participated in any high-school program as a member of a high school freshmen, junior varsity, or varsity team.

U13 / 5th and 6th grade; Youth players will be age 13 years and under, in grade 6 or below and further qualify as follows in order to participate in the GMSO youth lacrosse activities:

- (a) player has not attained 13 years of age as of December 31st in the year preceding the GMSO event; and
- (b) the player has not participated in any middle-school program as a member of a middle school team.

U11 / 3rd and 4th grade; Youth players will be age 11 years and under, in grade 4 or below and further qualify as follows in order to participate in the GMSO youth lacrosse activities:

- (a) player has not attained 11 years of age as of December 31st in the year preceding the GMSO event; and

Program name _____

Team name _____

Age group (x):

Under 15 / 7th and 8th grade ____

Under 13 / 5th and 6th grade ____

Under 11 / 3rd and 4th grade ____

I certify every player on my team complies with the guidelines above.

Coaches Name (pls print) _____

Coaches Signature _____