



14th Annual Vin Fucile Green Mountain ShootOut 2010

Saturday & Sunday, June 12th & 13th
Middlebury, VT

Boys & Girls Lacrosse Tournament

- Divisions of Competition:** Under 11, Under 13, and Under 15
- Eligibility:** Based on player's age as of December 31, 2009
- Limited Entry:** Maximum of 10 teams per age group
- Registration deadline:** June 1, 2010
- Cost:** \$250 per team (non-refundable unless we cannot accommodate your team)
- Check payable to:** Middlebury Youth Lacrosse Club
- Rules of Competition - Boys:** Body checking is permitted only against the player in possession of the ball – two hands must be on the stick. Penalties will be served. Time format of games will be two 20 minute periods, starting on the hour.
- Rules of Competition - Girls:** U11: No checking, but 3-second count rule applies.
U13 & U15: Modified Checking and 3-second count rule.
- Number of Games:** four minimum, two per day
- Roster:** **Final player roster in Microsoft Excel format must be sent via email to mike.sheets@middlax.org by June 1th, 2010**
- Certification of insurance:** See GMSO Participant Waiver & Release of Liability . This form must be signed by the player and parent/guardian for each player. We need US lacrosse numbers to confirm insurance coverage. Please print, have them completed, collect them into a package for each team and bring original to the tournament. In order to play, each player is required to have a Waiver. **No Waiver, No Play.**
- Information:** **Mike Sheets**
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